

# VERONICA AN

#### Empowering individuals with empathy.

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# **EXPERIENCE**

Founder, Veronica An Strength & Mobility 05/2021-present

Help clients achieve fitness and health goals though custom strength and mobility plans

#### Contracts:

Kailo Fitness at The California Club NBC Universal at Universal Studios

Partnerships:
Rose City Barbell
spaceBAR Wellness
Dr. Kindra Woo, DC
Lionheart Jiu Jitsu Academy

# CLINICAL

#### **Guam Regional Medical Center**

05/2025-08/2025 Inpatient, acute setting; ICU, post-op, cardiac, neurological

#### Moloka'i Physical Therapy & Rehab

08/2024-05/2025 Primary care, rural health setting; muscloskeletal, neurological, post-op

### Acute Rehab Unit, Huntington Hospital

10/2022-04/2023 Inpatient acute setting; bed mobility, gait training and balance work

# **EDUCATION**

Doctor of Physical Therapy
[LICENSE NUMBER]
Hawaii Pacific University

Narrative Studies, Spanish B.A, Magna Cum Laude University of Southern California

Physical Therapy Aide University of Hawaii, Maui College

Emergency Medial Responer [LICENSE NUMBER]

CPR/AED/BLS American Heart Association

> First Aid Certification American Red Cross

> > Personal Training ISSA

Functional Range Conditioning FRCms

Complete Coach Certification Robertson Training Systems

Womens Coaching Specialist L1
Girls Gone Strong

Lifestyle Coach NAFC

Advanced Boxing Boxing Fitness Institute